

Knoxville Recreation Commission
Agenda January 11, 2016 5:30 PM
Meeting at the Recreation Center

1. Roll Call

_____ Ron Huelse _____ Jyl DeJong _____ Mollie Keitges
_____ Aaron Fuller _____ Scott Pitt _____ Julie Konrad
_____ Brandon Nemmers _____ Angie Jones

2. Minutes of December 14, 2015 Meeting

Motion _____ Second _____ Vote _____

3. Reports

4. Adjournment

Motion _____ Second _____ Vote _____

Knoxville Recreation Center Commission

Minutes for December 14, 2015 at 5:30 p.m.

Members present: Huelse, DeJong, Fuller, Konrad and Nemmers

Minutes for November 9, 2015: The minutes were reviewed. A motion was made by Fuller to approve, Huelse seconded the motion and it was passed unanimously.

Agenda / Reports:

- The commission welcomed Julie Conrad to the group.
- Brandon spoke about the swim meet on Dec. 5, the upcoming meet in Jan. and the possible meet in Feb. There are 33 swimmers this year as opposed to 46 swimmers last year.
- Brandon talked about the 25th Annual Turkey Trot and how it was a success with 75 participants. The group spoke about how the numbers have declined over the years and the reasons why.
 - Loss of steam over the years
 - Poor weather the last two years
 - Other races around the area

Brandon stated that the expenses were covered with the 75 participants, that the race was well advertised and that the staff have been talking about the future of the race.

- Brandon spoke about K/1st grade basketball deadline was Dec. 13 with the program starting in Jan.
- Brandon stated he had submitted the 2016-2017 budget to city staff. He said the more expensive items on the budget is a rooftop unit for the weight room / circuit room / racquetball court, gym curtain, new entry doors and interior doors with push button handicap access.
- Brandon spoke about where the Recreation Center stood at this time with revenue / expenses.
 - Revenue - \$114,458
 - Expenses - \$241,508
 - 47% self-supporting – as opposed to 37% in 2010
- Brandon spoke about the city council speaking about combining the recreation commission with the parks board.

Brandon went over Angie's Wellness Supervisor report:

- The Dec. fitness classes have started off very strong, especially the 3-4-3 class.
- The 4th Annual Holiday Fit Fair was a success with very little advertising. 37 people attended the fair and enjoyed refreshments and prizes. There has been a lot of positive feedback about the fair.
- A "Biggest Loser" style event is in the works for the new year.
- Early morning classes are being moved from 5:10 a.m. to 5:30 a.m., which was met with positive results.

- Mid-morning classes are a struggle to fill with the exception of the 10 a.m. class. There will be a 12:10 – 12:50 p.m. classes on a few days
- Numbers continue to grow.

The group also spoke about Active Membership numbers. There are a total of 922 members at this time, which is down somewhat from previous years.

A motion to adjourn was made by Konrad and was seconded by Huelse and all were in favor.

Respectfully submitted,

Aaron Fuller

January 2016 Recreation Commission Meeting Monthly Report

Director:

Kindergarten and first grade basketball will begin this Saturday. We have forty-three participants compared to forty-six last year. This program is held at West Elementary for six weeks.

Registration for February swim lessons is filling up fast. We offer two time slots twice a week for four weeks.

We will host a Swim Meet on January 23. This is a great opportunity for our youth swimmers to swim at home and for the parent group to bring in some money through the concession stand. When we host a swim meet there will not be an 11:30am lap swim.

We offered open swim during the day during the holiday break and had seventy-four swimmers during that three day period.

We have had a couple of after-hour building rentals in the last month and have two more upcoming.

The facility is getting a lot of use right now with it being the beginning of a new year. Membership numbers are on the rise. We are currently at 1,053 members as of January 7. Membership typically will climb for the next couple of months until spring arrives.

Budget preparation is in full swing as I will be attending several meetings over the next month. As of right now I am asking for \$9,000 less this year compared to last year. At this point I have not had to make any cuts.

It is looking like our February meeting will be our first meeting as a combined board with the parks. I am waiting on hearing back from City Staff if the current park board member will be joining our group.

Wellness Supervisor:

As we get into full swing for the New Year it is crazy as expected! Our class numbers are up and the numbers are good so far for the addition of noon classes.

We changed the early morning class time to 5:30am from 5:10am to try and entice new members to exercise. It's only our first week and we are getting a few comments from old members to change it back. We have never changed this time slot before so I wanted to try something to build the morning numbers. We will look at it at the month end to see if we continue to try at 5:30 or change it back.

We added noon classes and class 1, day 1 had 6 people. I would like to point out that this was almost more than TWICE the amount of people we were getting for the last year and a half in the mid-morning time slot. I would like to see 8-12 as an average but I am definitely happy with 6.

10 am continues to be full for the senior fit and beginning fit classes. We made expanded this time slot to all 5 week days and will see how it goes by month end.

Of course, the 5:30pm classes are full. Very full! Monday night had 27 in the 5:30 slot and 15 in the 6:20 water class.

I introduced a new program called FIT IT IN. It is \$25 month and it is mostly an accountability program to get people on track for the New Year. I had hoped for 15 to sign up and ended up with 32. We provide a special fit it in class to attend each week either on Saturday am or Sunday afternoon and they have to sign a contract for how many workouts they will do each week. I send them an email everyday with fun wellness tips and to check in and the response has been great.

I am getting ready to work with Kevin Jones, my main spinning instructor, and he and I are going to put together a proposal to do an Rec Ironman indoor tri in the spring.

The New Year is starting out well and PT has picked up right where it left off at year end so I hope to continue to build that program. I currently have Barb Bacon newly certified and Tamara Alexander and Kate Adkisson are both taking the test this month. I also have a new applicant that Brandon and I will interview this next week.

MEMBERSHIP DEMOGRAPHICS

Active Memberships

Code	Description	Memberships (Res/NonRes)	Members (Res/NonRes)
ADCP	Adult Couple	33 (33/0)	66 (66/0)
ADLT	Adult Membership	179 (179/0)	182 (182/0)
CHLD	Child Membership	9 (9/0)	9 (9/0)
FAM3	Family Membership - 3	41 (41/0)	123 (123/0)
FAM4	Family Membership - 4	42 (42/0)	169 (169/0)
FAM5	Family Membership - 5+	37 (37/0)	238 (238/0)
HS	High School Membership	8 (8/0)	8 (8/0)
P/CH	Parent/Child Membership	23 (23/0)	46 (46/0)
SEN	Senior Citizen (60+)	93 (93/0)	93 (93/0)
SNCP	Senior Citizen Couple	28 (28/0)	56 (56/0)
SRSP	Senior Couple Split	2 (2/0)	4 (4/0)

	Total	Resident	Non Resident
Annual Memberships	348	348	0
Semi-Annual Memberships	33	33	0
Quarterly Memberships	66	66	0
Monthly Memberships	48	48	0
Daily Use Pass Memberships	0	0	0
Total Memberships	495	495	0
Total Members	994	994	0