

Knoxville Recreation Commission
Agenda February 8, 2016 5:30 PM
Meeting at the Recreation Center

1. Roll Call

_____ Ron Huelse _____ Jyl DeJong _____ Mollie Keitges
_____ Aaron Fuller _____ Scott Pitt _____ Julie Konrad
_____ Brandon Nemmers _____ Angie Jones

2. Minutes of January 11, 2016 Meeting

Motion _____ Second _____ Vote _____

3. Reports

4. Adjournment

Motion _____ Second _____ Vote _____

Knoxville Recreation Center Commission

Minutes for January 11, 2016 at 5:30 p.m.

Members present: Pitt, DeJong, Fuller, Konrad, Jones and Nemmers

Minutes for Deceber 14, 2015: The minutes were reviewed. A motion was made by Pitt to approve, Fuller seconded the motion and it was passed unanimously.

Agenda / Reports:

Brandon went through his monthly report. Notable items are:

- We will host a swim meet on Jan. 23. This is a good opportunity to raise money from concessions.
- Open swim was offered during the day over holiday break. We had 74 swimmers during this three day period.
- Memberships are on the rise (1053 as of Jan. 7). This is expected to decline when Spring arrives and grow again in the summer months.
- The current budget plan calls for \$9000.00 less this year.
- Feb. may be the first combined Parks and Recreation Center meeting.

Angie then went through her report. Notable items are:

- Numbers are up for group fitness classes as well a personal training.
- Early morning class time has been changed from 5:10am to 5:30am. This is a trial month for this time. Some members would like the time changed back. The intent was to build morning numbers. Evaluation of this will be made at the end of the month.
- 10am and 5:30pm classes are very full.
- The new FIT IT IN Program has done very well. The hope was for 15 participants, however we ended up with 32.
- An indoor tri is in the works.

Brandon went through the Active Membership numbers (994).

A motion to adjourn was made by Fuller and was seconded by Pitt and all were in favor.

Respectfully submitted,

Aaron Fuller

February 2016 Recreation Commission Meeting Monthly Report

Director:

I still have not gotten confirmation that the lone remaining park board member will be joining us. I would anticipate moving forward we will have Dennis from the Streets (who is in charge of the parks) joining us at our meetings with Park related items.

The public hearing is set for the budget for 2016-2017. All of the large budgeted items that I included (trash cans, computer, rooftop unit, gym curtain, interior doors, and new entry way doors) stayed in the budget! Our fiscal year will begin July 1, 2016.

Power volleyball on Wednesday nights will come to end at the end of February. Spring season mixed volleyball league deadline is March 6 with games beginning Thursday, March 17.

Swim lessons are in full swing for the month of February with 22 of 24 spots full. We will have another group session of swim lessons beginning in March for Preschool, Aquatots, Level 1 and Level 2.

Youth indoor soccer is right around the corner. This program will begin in March on Tuesdays and Saturdays. We have a time slot for kindergarten/first grade, second/third grade, and fourth through sixth grade. This is a great program to brush up on your soccer skills before spring.

Spring soccer registrations are starting to roll in. We will have spring soccer for 3 years old through 5 years old and kindergarten/first graders. This program will begin in April with weather permitting.

Swim team will conclude at the end of March for those that have qualified for the state meet and then the regional meet. We hosted a swim meet a couple weeks ago which is a great opportunity for our youth swimmers to swim at home in front of friends and family.

Membership numbers as of February 5 are 1,073. This is down a little bit from last year. Financially we are about even with revenue at this point last year and expenses are down by about \$10,000. Revenue and expenses is something that I continuously monitor.

The facility has been busy like usual for this time of year!

Wellness Supervisor:

January was a very successful month for Fitness. Our class numbers have been strong and consistent.

The early morning class times are remaining for February at the 5:30am and were only met with 1 real complaint. We ultimately decided that time change was for the better for several reasons; the facility opens at 5 so this gives the instructor time to arrive and be ready to teach. If there are any weather issues, or instructor issues, it gives the front desk adequate time to notify or get a replacement for the class. We understand that change is hard and are keeping an open mind about the time and will watch class numbers.

The noon classes are very successful. We constantly have a variety of people attending the classes throughout the week. The class numbers are maintaining around an average of 7-8. This is more than double the numbers that the 8-9am classes held for the past 2+ years.

Evening classes always flourish this time of year and we have not seen a drop in numbers at all. We have established class times that seem to suit the majority of our members and will continue with the 2 time slots of 530-615pm and 620-7 pm.

Saturday classes are holding well. We also have 2 time slots, a 715am cycle class that is always full and a fitness class that varies from 815-9am. We are however for the month of February going to put a class called Cize on for the last 3 Saturdays and already are getting excitement generated from it. If it is attended well I will try and find a regular slot in the week for it.

I rolled out a new program for January called Fit It In. It is an accountability program to get people back on track and into fitness. The program was simple to design and understand and was met with great success. We had 32 participants who lost a total of 90+ pounds just through exercise and light dieting tweaks that Candace helped with. I have continued the program in February as we had 13 people ask for it to continue on. It is \$25 a person and cost us around \$100 in salary costs to run it.

I am beginning to work with Kevin Jones, one of my cycling instructors to try and put a spring program on the schedule for an indoor TRI. We are looking to make it both a month long event and end of month contest. This is just another way to showcase our new bikes and try to entice the non-fitness class athlete. I am also starting to think ahead to a class on the schedule for Ragbrai training the month before the event.

All in all, January began very successful and I anticipate it to continue throughout the year.

MEMBERSHIP DEMOGRAPHICS

Active Memberships

Code	Description	Memberships (Res/NonRes)	Members (Res/NonRes)
ADCP	Adult Couple	33 (33/0)	66 (66/0)
ADLT	Adult Membership	212 (212/0)	212 (212/0)
CHLD	Child Membership	12 (12/0)	12 (12/0)
FAM3	Family Membership - 3	42 (42/0)	127 (127/0)
FAM4	Family Membership - 4	46 (46/0)	185 (185/0)
FAM5	Family Membership - 5+	40 (40/0)	256 (256/0)
HS	High School Membership	9 (9/0)	9 (9/0)
P/CH	Parent/Child Membership	26 (26/0)	52 (52/0)
SEN	Senior Citizen (60+)	92 (92/0)	92 (92/0)
SNCP	Senior Citizen Couple	31 (31/0)	62 (62/0)
SRSP	Senior Couple Split	4 (4/0)	8 (8/0)

	Total	Resident	Non Resident
Annual Memberships	361	361	0
Semi-Annual Memberships	39	39	0
Quarterly Memberships	83	83	0
Monthly Memberships	64	64	0
Daily Use Pass Memberships	0	0	0
Total Memberships	547	547	0
Total Members	1081	1081	0