

**Sauna & Hot Tub Open During:** Adult Open Swim - Open Swim - Lap Swim - Water Fitness Classes  
**Wading Pool Open During:** Open Swim - Adult Open Swim - Lap Swim

**September 2019  
Pool Schedule**



**Center Hours:**  
**Mon-Fri** 5am-9pm  
**Sat** 7am-7pm  
**Sun** 1pm-5pm

800 South Park Lane  
 Knoxville, IA 50138  
 641-828-0580

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div style="display: flex; justify-content: space-between;"> <div style="width: 25%;"><b>September 2019 Pool Schedule</b></div> <div style="width: 25%; text-align: center;">  </div> <div style="width: 20%; text-align: center;"> <p><b>Center Hours:</b>  <b>Mon-Fri</b> 5am-9pm  <b>Sat</b> 7am-7pm  <b>Sun</b> 1pm-5pm</p> </div> <div style="width: 30%; text-align: center;"> <p>800 South Park Lane                      Knoxville, IA 50138                      641-828-0580</p> </div> </div>						
1st	2nd	3rd	4th	5th	6th	7th
Open Swim 1-4pm  Lap Swim 4-4:55pm	Open Swim 1:00-4:00pm Lap Swim 4:00-4:45pm	Lap Swim 5:30-7:30am Aqua Rhythm 7:50-8:35am Fluid Balance 8:45-9:25am Adult Swim 9:30-11:30am  Lap Swim 4:00-5:45pm Swim Lessons 5:50-6:55pm Open Swim 7:10-8:30pm	Lap Swim 5:30-7:30am Aqua Light & Lively 7:50-8:35am Deep Voyage 8:45-9:25am Adult Swim 9:30-11:30am  Lap Swim 4:00-6:15pm Aqua Revive 6:20-7:00pm Open Swim 7:10-8:30pm	Lap Swim 5:30-7:30am Aqua Revive 7:50-8:35am Aqua Restore 8:45-9:25am Adult Swim 9:30-11:30am  Lap Swim 4:00-5:45pm Swim Lessons 5:50-6:55pm Open Swim 7:10-8:30pm	Lap Swim 5:30-7:30am H2O Stroll 7:50-8:35am Deep Strength 8:45-9:25am Adult Swim 9:30-11:30am  Lap Swim 4:00-6:15pm Open Swim 6:20-8:30pm	Aqua Revolve 9:30-10:15am Lap Swim 11:30am-1pm Open Swim 1:00-4:00pm Lap Swim 4:00-4:55pm Open Swim 5:00-6:30pm
8th	9th	10th	11th	12th	13th	14th
Open Swim 1-4pm  Lap Swim 4-4:55pm	Lap Swim 5:30-7:30am Silver Splash® 7:50-8:35am Deep Flow 8:45-9:25am Adult Swim 9:30-11:30am  Lap Swim 4:00-6:15pm Aqua Zumba 6:20-7:00pm Open Swim 7:10-8:30pm	Lap Swim 5:30-7:30am Aqua Rhythm 7:50-8:35am Fluid Balance 8:45-9:25am Adult Swim 9:30-11:30am  Lap Swim 4:00-5:45pm Swim Lessons 5:50-6:55pm Open Swim 7:10-8:30pm	Lap Swim 5:30-7:30am Aqua Light & Lively 7:50-8:35am Deep Voyage 8:45-9:25am Adult Swim 9:30-11:30am  Lap Swim 4:00-6:15pm Aqua Revive 6:20-7:00pm Open Swim 7:10-8:30pm	Lap Swim 5:30-7:30am Aqua Revive 7:50-8:35am Aqua Restore 8:45-9:25am Adult Swim 9:30-11:30am  Lap Swim 4:00-5:45pm Swim Lessons 5:50-6:55pm Open Swim 7:10-8:30pm	Lap Swim 5:30-7:30am H2O Stroll 7:50-8:35am Deep Strength 8:45-9:25am Adult Swim 9:30-11:30am  Lap Swim 4:00-6:15pm Open Swim 6:20-8:30pm	Aqua Revolve 9:30-10:15am Lap Swim 11:30am-1pm Open Swim 1:00-4:00pm Lap Swim 4:00-4:55pm Open Swim 5:00-6:30pm

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 Swim - Open Swim - Lap Swim - Water Fitness  
 Classes

**Wading Pool Open During:** Open Swim - Adult  
 Open Swim - Lap Swim



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15th	16th	17th	18th	19th	20th	21st
Open Swim 1-4pm	Lap Swim 5:30-7:30am	Lap Swim 5:30-7:30am	Lap Swim 5:30-7:30am	Lap Swim 5:30-7:30am	Lap Swim 5:30-7:30am	Aqua Revolve 9:30-10:15am
	Silver Splash® 7:50-8:35am	Aqua Rhythm 7:50-8:35am	Aqua Light & Lively 7:50-8:35am	Aqua Revive 7:50-8:35am	H2O Stroll 7:50-8:35am	Lap Swim 11:30am-1pm
	Deep Flow 8:45-9:25am	Fluid Balance 8:45-9:25am	Deep Voyage 8:45-9:25am	Aqua Restore 8:45-9:25am	Deep Strength 8:45-9:25am	Open Swim 1:00-4:00pm
	Adult Swim 9:30-11:30am	Adult Swim 9:30-11:30am	Adult Swim 9:30-11:30am	Adult Swim 9:30-11:30am	Adult Swim 9:30-11:30am	Lap Swim 4:00-4:55pm
Lap Swim 4-4:55pm	Lap Swim 4:00-6:15pm	Lap Swim 4:00-5:45pm	Lap Swim 4:00-6:15pm	Lap Swim 4:00-5:45pm	Lap Swim 4:00-6:15pm	Open Swim 5:00-6:30pm
	Aqua Zumba 6:20-7:00pm	Swim Lessons 5:50-6:55pm	Aqua Revive 6:20-7:00pm	Swim Lessons 5:50-6:55pm		
	Open Swim 7:10-8:30pm	Open Swim 7:10-8:30pm	Open Swim 7:10-8:30pm	Open Swim 7:10-8:30pm	Open Swim 6:20-8:30pm	
22nd/29th	23rd/30th	24th	25th	26th	27th	28th
Open Swim 1-4pm	Lap Swim 5:30-7:30am	Lap Swim 5:30-7:30am	Lap Swim 5:30-7:30am	Lap Swim 5:30-7:30am	Lap Swim 5:30-7:30am	Aqua Revolve 9:30-10:15am
	Silver Splash® 7:50-8:35am	Aqua Rhythm 7:50-8:35am	Aqua Light & Lively 7:50-8:35am	Aqua Revive 7:50-8:35am	H2O Stroll 7:50-8:35am	Lap Swim 11:30am-1pm
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	Adult Swim 9:30-11:30am	Adult Swim 9:30-11:30am	Adult Swim 9:30-11:30am	Adult Swim 9:30-11:30am	Adult Swim 9:30-11:30am	Lap Swim 4:00-4:55pm
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	Open Swim 7:10-8:30pm	Open Swim 7:10-8:30pm	Open Swim 7:10-8:30pm	Open Swim 7:10-8:30pm	Open Swim 6:20-8:30pm	

