



800 South Park Lane
 Knoxville, IA 50138
 641-828-0580
 www.knoxvilleia.gov

Center Hours:
Mon-Fri: 5am-9pm
Sat: 7am-7pm
Sun: 1-5pm



Pool Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Overview of COVID-19 Guidelines</p> <ul style="list-style-type: none"> If you are sick or do not feel well, stay home 30 Minute time limit on lap swim if there are people waiting. During lap swim, please swim over the black lines and remain in your lane at all times. If you need to use pool equipment, please ask a lifeguard to get it for you. They will sanitize all equipment after each use. Limit of 2 people in the Sauna and 2 people in the Hot Tub at a time. 				1	2	3
				<p>Lap Swim 5:30-7:30am Deep/ Shallow Balance 7:50-8:30am Adult Open Swim 8:40-11:30am Lap Swim 12-1pm</p> <p>Lap Swim 4-6:15pm Open Swim 6:20-8:30pm</p>	<p>Lap Swim 5:30-7:30am Deep/ Shallow Rhythm 7:50-8:30am Adult Open Swim 8:40-11:30am</p> <p>Lap Swim 4-6:15pm Open Swim 6:20-8:30pm</p>	<p>Aqua Thunder 9:30-10:15am</p> <p>Lap Swim 11:30am-1pm Open Swim 1-4pm Lap Swim 4-5pm Open Swim 5-6:30pm</p>
4	5	6	7	8	9	10
<p>Open Swim 1-4pm</p> <p>Lap Swim 4-4:45pm</p>	<p>Lap Swim 5:30-7:30am Deep/ Shallow Cardio 7:50-8:30am Adult Open Swim 8:40-11:30am</p> <p>Lap Swim 4-6:15pm Aqua Zumba® 6:20-7pm Open Swim 7:10-8:30pm</p>	<p>Lap Swim 5:30-7:30am Deep/ Shallow Strength 7:50-8:30am Adult Open Swim 8:40-11:30am Lap Swim 12-1pm</p> <p>Lap Swim 4-5:45pm Swim Lessons 5:50-6:55 Open Swim 7:10-8:30pm</p>	<p>Lap Swim 5:30-7:30am Deep/ Shallow Travel 7:50-8:30am Adult Open Swim 8:40-11:30am</p> <p>Lap Swim 4-6:15pm Deep Shallow W-WOW 6:20-7pm Open Swim 7:10-8:30pm</p>	<p>Lap Swim 5:30-7:30am Deep/ Shallow Balance 7:50-8:30am Adult Open Swim 8:40-11:30am Lap Swim 12-1pm</p> <p>Lap Swim 4-5:45pm Swim Lessons 5:50-6:55 Open Swim 7:10-8:30pm</p>	<p>Lap Swim 5:30-7:30am Deep/ Shallow Rhythm 7:50-8:30am Adult Open Swim 8:40-11:30am</p> <p>Lap Swim 4-6:15pm Open Swim 6:20-8:30pm</p>	<p>Aqua Thunder 9:30-10:15am</p> <p>Lap Swim 11:30am-1pm Open Swim 1-4pm Lap Swim 4-5pm Open Swim 5-6:30pm</p>

Sauna & Hot Tub Open During: Adult Swim, Open Swim, Lap Swim, & Water Fitness Classes
 Limit 2 people in the Sauna and 2 people in the Hot Tub.

Wading Pool Open During: Adult Swim, Open Swim, & Lap Swim

*Lap swimmers are limited to 30 minute sessions when others are waiting.

*Max of 6 people in the pool during lap swim, must swim on the black lines.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11 Open Swim 1-4pm Lap Swim 4-4:45pm	12 Lap Swim 5:30-7:30am Deep/ Shallow Cardio 7:50-8:30am Adult Open Swim 8:40-11:30am Lap Swim 4-6:15pm Aqua Zumba® 6:20-7pm Open Swim 7:10-8:30pm	13 Lap Swim 5:30-7:30am Deep/ Shallow Strength 7:50-8:30am Adult Open Swim 8:40-11:30am Lap Swim 12-1pm Lap Swim 4-5:45pm Swim Lessons 5:50-6:55pm Open Swim 7:10-8:30pm	14 Lap Swim 5:30-7:30am Deep/ Shallow Travel 7:50-8:30am Adult Open Swim 8:40-11:30am Lap Swim 4-6:15pm Deep Shallow W-WOW 6:20-7pm Open Swim 7:10-8:30pm	15 Lap Swim 5:30-7:30am Deep/ Shallow Balance 7:50-8:30am Adult Open Swim 8:40-11:30am Lap Swim 12-1pm Lap Swim 4-5:45pm Swim Lessons 5:50-6:55pm Open Swim 7:10-8:30pm	16 Lap Swim 5:30-7:30am Deep/ Shallow Rhythm 7:50-8:30am Adult Open Swim 8:40-11:30am Lap Swim 4-6:15pm Open Swim 6:20-8:30pm	17 Aqua Thunder 9:30-10:15am Lap Swim 11:30am-1pm Open Swim 1-4pm Lap Swim 4-5pm Open Swim 5-6:30pm
18 Open Swim 1-4pm Lap Swim 4-4:45pm	19 Lap Swim 5:30-7:30am Deep/ Shallow Cardio 7:50-8:30am Adult Open Swim 8:40-11:30am Lap Swim 4-6:15pm Aqua Zumba® 6:20-7pm Open Swim 7:10-8:30pm	20 Lap Swim 5:30-7:30am Deep/ Shallow Strength 7:50-8:30am Adult Open Swim 8:40-11:30am Lap Swim 12-1pm Lap Swim 4-5:45pm Swim Lessons 5:50-6:55pm Open Swim 7:10-8:30pm	21 Lap Swim 5:30-7:30am Deep/ Shallow Travel 7:50-8:30am Adult Open Swim 8:40-11:30am Lap Swim 4-6:15pm Deep Shallow W-WOW 6:20-7pm Open Swim 7:10-8:30pm	22 Lap Swim 5:30-7:30am Deep/ Shallow Balance 7:50-8:30am Adult Open Swim 8:40-11:30am Lap Swim 12-1pm Lap Swim 4-5:45pm Swim Lessons 5:50-6:55pm Open Swim 7:10-8:30pm	23 Lap Swim 5:30-7:30am Deep/ Shallow Rhythm 7:50-8:30am Adult Open Swim 8:40-11:30am Lap Swim 4-6:15pm Open Swim 6:20-8:30pm	24 Aqua Thunder 9:30-10:15am Lap Swim 11:30am-1pm Open Swim 1-4pm Lap Swim 4-5pm Open Swim 5-6:30pm
25 Open Swim 1-4pm Lap Swim 4-4:45pm	26 Lap Swim 5:30-7:30am Deep/ Shallow Cardio 7:50-8:30am Adult Open Swim 8:40-11:30am Lap Swim 4-6:15pm Aqua Zumba® 6:20-7pm Open Swim 7:10-8:30pm	27 Lap Swim 5:30-7:30am Deep/ Shallow Strength 7:50-8:30am Adult Open Swim 8:40-11:30am Lap Swim 12-1pm Lap Swim 4-5:45pm Swim Lessons 5:50-6:55pm Open Swim 7:10-8:30pm	28 Lap Swim 5:30-7:30am Deep/ Shallow Travel 7:50-8:30am Adult Open Swim 8:40-11:30am Lap Swim 4-6:15pm Deep/ Shallow W-WOW 6:20-7pm Open Swim 7:10-8:30pm	29 Lap Swim 5:30-7:30am Deep/ Shallow Balance 7:50-8:30am Adult Open Swim 8:40-11:30am Lap Swim 12-1pm Lap Swim 4-5:45pm Swim Lessons 5:50-6:55pm Open Swim 7:10-8:30pm	30 Lap Swim 5:30-7:30am Deep/ Shallow Rhythm 7:50-8:30am Adult Open Swim 8:40-11:30am Lap Swim 4-6:15pm Open Swim 6:20-8:30pm	31 Aqua Thunder 9:30-10:15am Lap Swim 11:30am-1pm Open Swim 1-4pm Lap Swim 4-5pm Open Swim 5-6:30pm

